

## **Sunrise Hikes**

Saturday morning, start the day with beauty and reflection. Join us for one of two peaceful sunrise hikes as we welcome the new day together in fellowship, prayer, and awe of God's creation. All are welcome—bring comfortable shoes and a spirit ready for the morning light!

*“The heavens declare the glory of God;  
the skies proclaim the work of his hands.*

### **Hike 1**

The Land of Lakes Overlook Trail on the Grand Mesa is a short, easy 0.5-mile paved loop offering breathtaking panoramic views of numerous lakes and forests and an unobstructed view of the sunrise over forest, mountains, and several mountain lakes. This hike takes around 15–20 minutes, making it ideal for families seeking scenic, high-alpine views without a challenging hike. Sunrise will be at 5:41 am. Meet at Land 'o Lakes trailhead at 5:20 am.

<https://www.gihikes.com/2010/07/land-of-lakes.html>

### **Hike 2**

The Crag Crest Trail on the Grand Mesa is a 2-mile trail to a sweeping sunrise vista from a high-altitude ridgeline. The Crest has a breathtaking 365-degree view, and the sunrise will be memorable. This beautiful ridge is narrow with a steep drop-off on both sides. We will be able to see over 100 miles in all directions!

We will be starting from the Western Crag's crest trail head at 5:00 am. It is less than a 2-mile hike from here to our sunrise view spot at 5:41 that morning. This trail makes a loop. After reaching the ridge

and enjoying the sunrise, you can either return to the trailhead we started from, making it a 4-mile “out and back” hike, or you may continue to hike the entire 10-mile loop.

This is a high-elevation trail, 11,189 feet above sea level. If you are prone to altitude sickness, the shorter hike might suit you better.

<https://www.gihikes.com/2010/07/crag-crest-loop.html>

We hope you’ll join us for a beautiful start to the day. Be sure to bring comfortable shoes, a light jacket, water, and anything you may need for the hike. It should be a peaceful and refreshing experience. We hope many of you will join us as we greet the morning together.

*In the morning, Lord, you hear my voice; in the morning*

### **Self-guided Meditation Hike**

During the conference, at your convenience, we invite you to take part in a self-guided meditation walk based on the parable of Hopewell and Tarwater. Along the trail, you’ll find several reflection points designed to help you slow down, breathe deeply, and connect with God through the beauty of creation. Feel free to walk at your own pace, spending as much time as you’d like at each stop. It’s a quiet opportunity to reflect, pray, and listen. We hope you’ll take some time to enjoy this peaceful experience.”